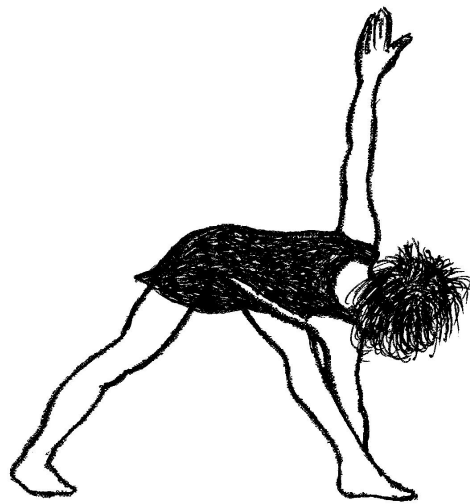


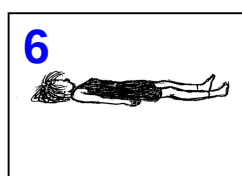
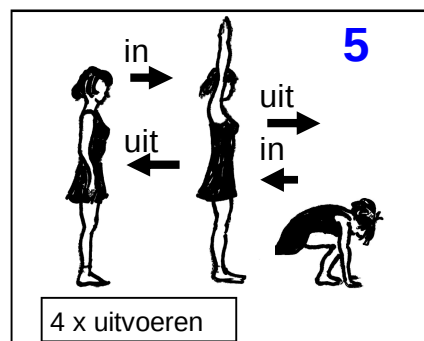
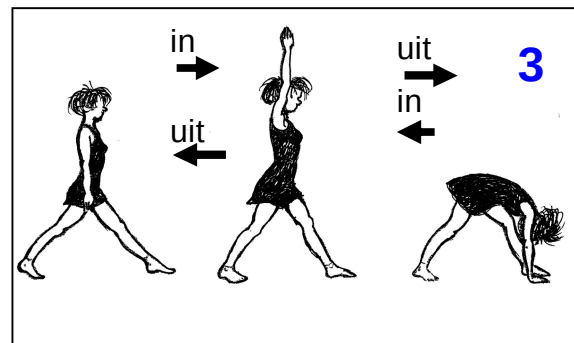
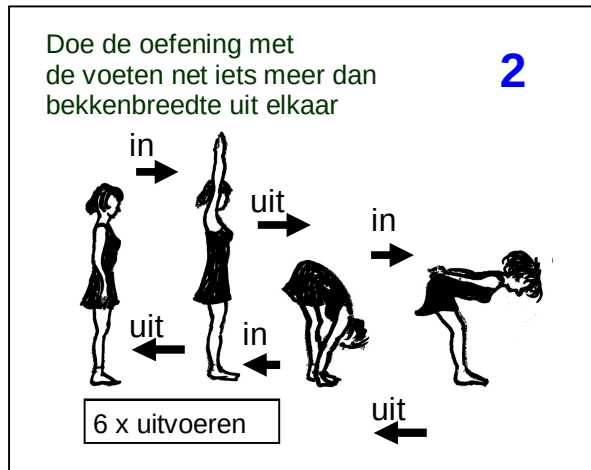
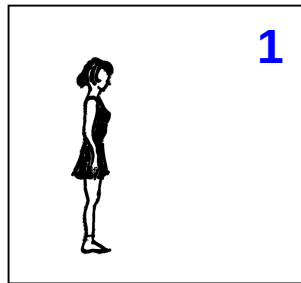
Korte reeksen

(25 min)

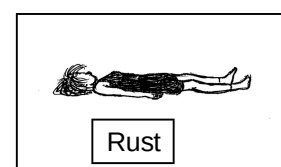
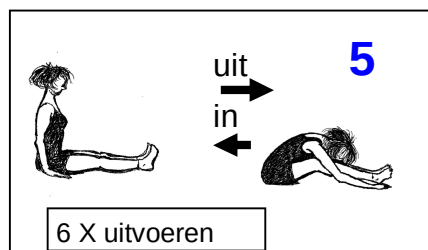
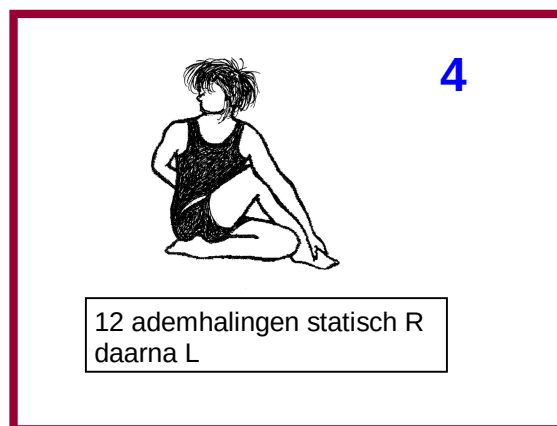
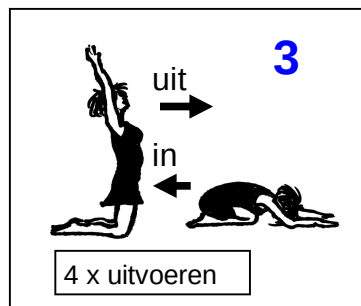
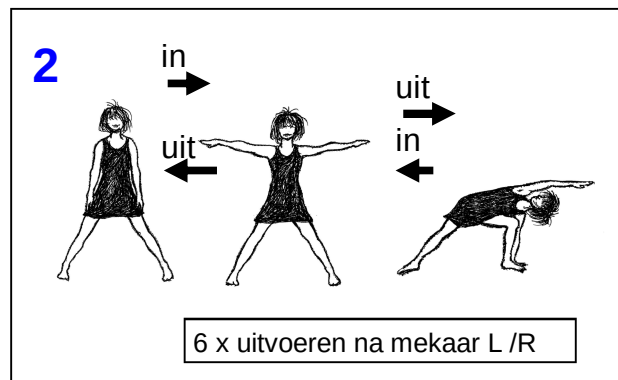
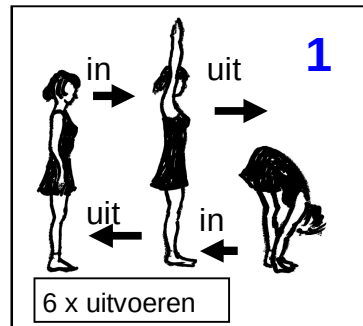
Vinyasas met Vritti-asanas



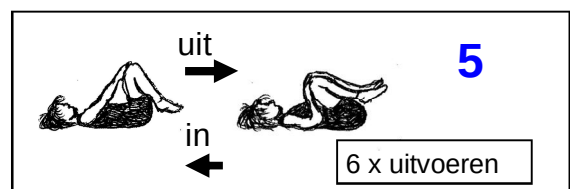
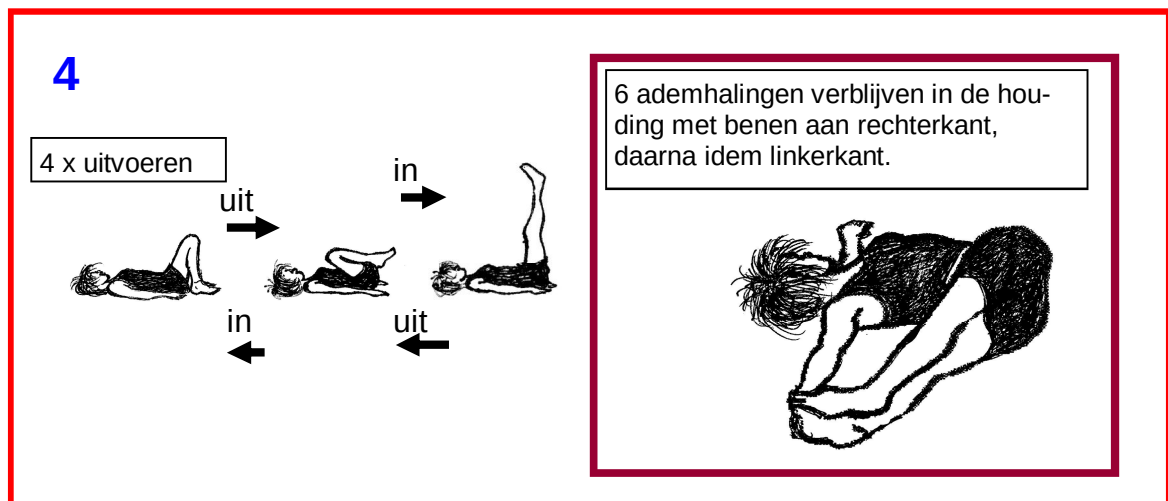
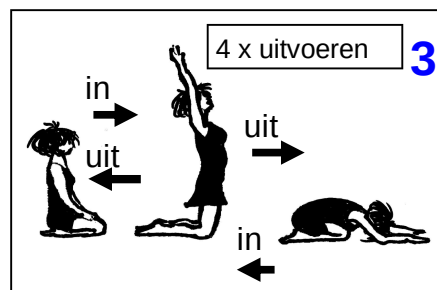
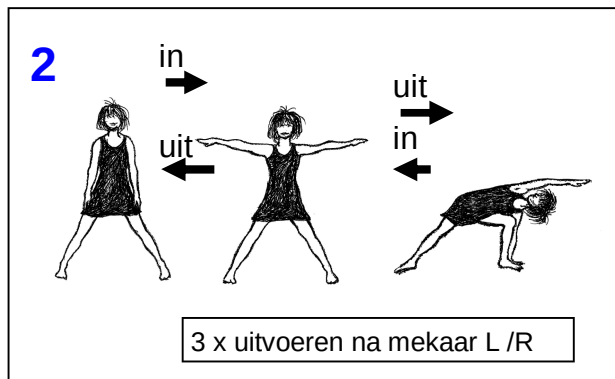
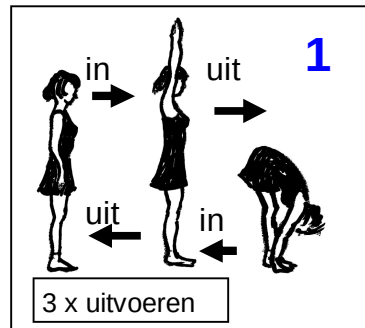
Korte reeks naar Trikonasana parivritti



Korte reeks naar matsyendrasana



Korte reeks naar Jatharaparivritti



Rust